



REAL Growth: Worship in Truth - Week 2.

Sacramental living

These notes are to be used in conjunction with the sermon series during the service or with the recording. They are intended to assist also with further individual or group study

Readings

1Peter: 2: 4-5; James 3; 1 Corinthians 8; John 3: 27-36

A Sacramental Life

What do you think is meant by the term 'a sacramental life?' How does this link to last week's focus on a lifestyle of Worship?

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We considered how 'little foxes' (Song of Solomon 2: 15) can damage the life of a Church. What 'little foxes' do you see in St Aidan's?

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Words; James 3. We are looking at principals in God's Word that will help us to live a Sacramental life. Firstly relating to our tongues. What dangers do you see (vs. 5-8)?

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How can we show due diligence to maintain some control over what we say (vs. 2, 10-16)?

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One step is to apply Scripture in our lives. For **further study** look at Col. 3, Eph. 4 & Matt 7: 1-6. How do these scriptures guide us into sacramental living and control of our tongues and actions?

Actions; 1 Cor. 8. Paul is dealing with a cultural issue that affects the life of the church. He teaches three principals that can help us live as the body and make effective decisions in line with God's will. **1: Safe for one, Unsafe for another** (1 Cor. 6: 12)

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2: Knowledge AND Love (vs. 6)

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3: Not our Rights but God's Will (vs. 6, 9-13; 10: 23-24)

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A Footnote (10: 20); what about the impact of the spiritual realm?

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Lives (of Love); James 3: 17-18. How do our lives become lives of love? What about a practical example (Matt 18: 15-17)

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Conclusion

John the Baptist describes the route to a sacramental life (John 3: 30); what does this mean for you? How can you apply the above principals in your life and at St Aidan's? What WALL (**W**ords **A**ctions **L**ives of **L**ove) are you building (1 Peter 2: 4-5)?

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